

REGISTRATION

To be completed before acceptance for course

COURSE DATES: _____

FULL NAME: _____

GENDER: M / F _____

MEMBERSHIP NO.: _____ OR GUEST

NRIC NO. OR PASSPORT NO.: _____

NATIONALITY: _____

ADDRESS: _____

_____ POSTAL CODE _____

OCCUPATION: _____

TEL NO.: _____ (H) _____ (O)

_____ (HP) _____ (FAX)

EMAIL: _____

PAYMENT MODE

I enclose a cheque (Cheque No/Bank _____) made payable to "REPUBLIC OF SINGAPORE YACHT CLUB" for the course fees amounting to \$ _____ (inclusive of GST).

I will make cash payment for the course fees amounting to \$ _____ (inclusive of GST).

I authorise REPUBLIC OF SINGAPORE YACHT CLUB to deduct from my membership account (M'ship No.: _____) for the course fee amounting to \$ _____ (inclusive of GST).

I will make a credit card payment to REPUBLIC OF SINGAPORE YACHT CLUB one week prior course commencement for the course fees amounting \$ _____ (inclusive of GST).

I hereby agree to abide with the rules and regulations as stipulated by REPUBLIC OF SINGAPORE YACHT CLUB.

Signature

Date

**FOR SUBMISSION OF REGISTRATION FORM,
PLEASE FAX TO 6768 9280**

BASIC SAILING COURSE



REPUBLIC OF SINGAPORE YACHT CLUB

52 West Coast Ferry Road, Singapore 126887

Email: seasports@rsyc.org.sg • Tel: 6768 9485

Fax: 6768 9280 • Website: www.rsyc.org.sg



**SEA SPORTS
ACADEMY**

COURSE GUIDELINES

OBJECTIVES

The main objective of this course is to introduce the sport of sailing to young adults and to build self-confidence, self-reliance, and resilience on top of promoting teamwork.

ENTRY REQUIREMENTS

- Able to swim at least 50 metres in tidal waters with the aid of a buoyancy vest
- Minimum age of 13 years old

COURSE DURATION

- A total of 6 sessions over 3 full days
- Morning sessions are held from 9.30am to 12.30pm
- Afternoon sessions are held from 2pm to 5pm

INSTRUCTOR TO SAILOR RATIO & CLASS SIZE

- Instructor to sailor ration – 1:6
- Minimum number of sailors per class – 6
- Maximum number of sailors per class – 12

COURSE SYLLABUS

- Sailing Theory
- Swimming Trial
- Basic Safety & Boat Orientation
- Key Parts & Functions of a Sailboat
- Basic Knots & Applications
- Basic Right-of-Way Rules
- Launching & Recovery
- Man-Overboard Drill
- Capsize Drill Demonstration
- Rigging & De-Rigging

BOAT CLASS

For this Basic Sailing Course, sailors will be using the Laser Pico sailboats.

SAFETY MEASURES

1. A safety boat will be on standby in the marina to be deployed in inclement weather.
2. Sailboats will be equipped with complete equipment.

3. Weather check by coaches is mandatory prior to going out to sea. Hourly weather checks are to be conducted by the Club's Marina Admin Office while the sailors are out on the waters. Coaches will be notified immediately in the event of impending inclement weather.
4. Marina Assistants are on standby to assist sailors on the pontoons to ensure fast recovery.

AFTER THE COURSE

1. The chartering of Laser Pico sailboats and skippering services will be made available to participants.
2. Course participants will only be allowed to charter the Laser Pico sailboats upon the successful completion of Level 1 Proficiency Test.
3. For more information on rates and charter availability, please contact Sea Sports Department at 6768 9485 or email to seasports@rsyc.org.sg

TRAINING LOCATION

Course will be held at:
REPUBLIC OF SINGAPORE YACHT CLUB
52 West Coast Ferry Road, Singapore 126887

At the end of the course, trainees will be awarded a Certificate of Completion for the Basic Sailing Course.

TERMS & CONDITIONS

1. The above fees are based on a per person per course enrolment package.
2. Full payment must be made at the Sea Sports Department no later than 14 working days before the commencement of the course.
3. Confirmation of seats will be on a first-come-first-served basis and upon receipt of full payment.
4. All fees paid are non-refundable and non-transferable.
5. The management reserves the right to make appropriate changes in its training course contents and schedule if it deems necessary.
6. Participants with history of medical problems or are unsure of their current health condition should obtain medical clearance before joining any sea sports activity.
7. Participants shall adhere to the stipulated training rules and regulations and comply with the Rules & Regulations of the Republic of Singapore Yacht Club.
8. All payments are to be made payable to the REPUBLIC OF SINGAPORE YACHT CLUB.
9. The Republic of Singapore Yacht Club reserves the right to revise the rates and vary, delete or add to the terms and conditions at its own discretion without prior notice.

